

**Essence:** Sweet children, divorce this land of sorrow while alive because you have to go to the land of happiness.

**Question:** Which one small effort does the Father ask you children to make?

**Answer:** The Father says: Children, lust is the greatest enemy and you have to conquer it. Only this is the small effort that I give you. You have to become totally pure. To become pure from impure means that you have to become divine (paras). Those who are becoming divine cannot become stone. When you children become beautiful flowers, the Father will seat you in His eyes and take you back with Him.

Om shanti. The spiritual Father explains to you spiritual children. You children surely understand that it is only you Brahmins who become deities. You have this firm faith. Whomever a *teacher* teaches, he will definitely make that one the same as himself. This is a question of faith. The Father comes and explains to us every cycle and He changes us residents of hell into residents of heaven. There must be someone who makes the whole world like that. The Father makes everyone into residents of heaven and Ravan makes everyone into residents of hell. At this time it is the kingdom of Ravan, whereas in the golden age it is the kingdom of Rama. There is someone who establishes the kingdom of Rama, and so there must also surely be someone who establishes the kingdom of Ravan. God is called Rama. God establishes the new world. Knowledge is very easy. It is not anything difficult, but people have such stone intellects that they think it is impossible to become those with divine intellects. It requires a lot of effort to change from residents of hell into residents of heaven because there is the influence of Maya. People construct so many huge buildings of 50 storeys or 100 storeys. In heaven, there won't be that many storeys. They only build those here nowadays. You understand that there is no need to make such huge buildings in the golden age like they build here. The Father Himself explains: There is this small tree (the population of the golden age) spread over the whole world, and so there is no need to build buildings with many storeys. There is plenty of land there at that time, whereas, now, there is no land here, and this is why the cost of land has increased so much. There, land doesn't cost anything and there aren't any *municipal taxes*. However much land someone wants, he can take. There, you receive all types of happiness just through having this *knowledge* from the one Father. The buildings that people construct of 100 storeys etc. cost money. There, it doesn't cost anything. You have plenty of wealth there. Money has no value there. What would you do if you had a lot of money? People build golden palaces studded with diamonds and jewels. You children have now received so much understanding. Everything is a matter of understanding or not understanding. There is the sato intellect and the tamo intellect. Those who were satopradhan were the masters of heaven and those who have tamoguni intellects are the masters of hell. This is not heaven. This is the extreme depths of hell. People here are very unhappy. This is why they call out to God, and then they forget Him. They beat their heads so much. They hold *conferences* so that there can be unity. However, you children understand that they cannot unite. This whole tree has reached a state of total decay and a new tree is now growing. You know how the iron age changes into the golden age. Only at this time does the Father explain this *knowledge* to you. You become the residents of the golden age and then the residents of the iron age, and then you become the residents of the confluence age and then the residents of the golden age. You may ask: Will all this many people go to the golden age? No. Those who listen to the true story of Narayan will go to heaven. All the rest will go to the land of peace. The land of sorrow will not be there. So, you should divorce this land of sorrow while you live. The Father shows you the way you can divorce this world. There was the kingdom of deities over the whole world. The Father has now come to establish that once again. We are receiving the kingdom of the world from that Father. According to the *drama plan*, there definitely has to be some *change*. This is the old world. How could you call it the golden age? However, people don't understand at all what the golden age is. Baba has explained: Those who have done a lot of devotion become worthy of receiving this *knowledge*. You should only explain to such people. Those who don't belong to this clan will not understand. So, why should you *waste your time* just like that? If they don't belong to our clan, they will not accept anything. They say: I don't even want to understand what a soul is or what the Supreme Soul is. So, why should you make effort over such souls? Baba has explained to you: At the top, it is written: God speaks: I come at the most auspicious confluence age of every cycle in an ordinary human body of one who doesn't know about his own births. I tell him about them. I tell you who has the *part* of the full 5000 years. This would be the *part* of the one who came in the first *number*. People still sing praise of Shri Krishna being the *first prince* of the golden age. What would he then become

after 84 births? He would be the *first beggar*. He changes from a *beggar to a prince* and then from a *prince to a beggar*. You understand how he changes from a *prince to a beggar*. The Father then comes and makes Him like a diamond from a shell. Those who are like diamonds then become like shells. Everyone takes rebirth. You understand who takes the maximum births. First of all, they would accept Shri Krishna as this because it is his kingdom. He would be the one who takes many births. This is something very easy to understand. However, people don't pay attention to these things. When the Father explains this, people are amazed. The Father is telling you *accurately* that the *first* one then becomes the *last* one. The *first* one is like a diamond and the *last* one is like a shell. You have to become like a diamond once again, that is, you have to become pure. What difficulty is there in this? The parlokik Father issues an *ordinance*: Lust is the greatest enemy. How did you become impure? By indulging in vice. This is why you call out: O Purifier, come! The Father has an *ever* divine (paras) intellect. He never becomes one with a stone intellect. The *connection* is between Him and the one who takes the *number* one birth. There are many deities, but people don't understand anything. *Christians* say that 3000 years before *Christ* there was *Paradise*. They came later and so they have that strength. Everyone goes to learn something from them because their intellects are *fresh*. Their numbers have grown. They go through the stages of sato, rajo and tamo. You know that people learn everything from people abroad. You also know that it will not take *time* to build palaces in the golden age etc. It (the design) would enter the intellect of one and then they would continue to expand. They would build one and then begin to build many more. It enters their intellects. When *scientists* come to you, their intellects will become elevated and they will quickly build palaces. Here, it takes up to 12 months to build a building or a temple. There, *engineers* etc. will all be very clever. That is the *golden age*. There will not be stones there. You are now sitting here and should be thinking that you will shed those old bodies and go home. Then, from there, you will take birth through the power of yoga in the golden age. Why do you children not have this happiness? Why do you not think about these things? The *most serviceable* children would definitely be thinking about these things. Just as when someone *passes* the examination to become a *barrister*, his intellect works on the things he will do, so you also understand that you will shed those bodies and then go and become that. Only through remembrance will your lifespan grow. You are now the children of the unlimited Father. This is a very high *grade*. You belong to God's family. You don't have any other relationships. You have been made even more elevated than brother and sister. Simply consider yourselves to be brothers. You have to *practise* this a great deal. Where does the brother reside? The immortal soul resides on this throne. These thrones of all souls have decayed. Your thrones have decayed the most. The soul is present on this throne. What is in the centre of the forehead? These things have to be understood with your intellect. A soul is completely subtle. It is like a *star*. The Father says: I too am a point. I am no bigger than you. You know that you are children of Shiv Baba. You now have to claim your inheritance from the Father. This is why you have to consider yourselves to be brothers, souls. The Father is teaching you personally. As you progress further, there will be a greater pull. These obstacles continue to come according to the *drama*. The Father now says: You must not become impure now. This is an *ordinance*. Souls have now become even more tamopradhan; they cannot stay without vice. The *Government* says that they mustn't drink alcohol, yet people are unable to stay without it. They get them drunk and give them *directions*: Go and crash at such-and-such a place with a *bomb*. There is so much damage done. You are becoming the masters of the world while sitting here. Those people release *bombs* while sitting there. There is so much competition to destroy the world. You are sitting here and remembering the Father and you then become the masters of the world. No matter how, you definitely have to remember the Father. There is no question of doing hatha yoga or having a special sitting position etc. Baba doesn't give you any difficulty. You can sit as you like, but simply remember that you are *most beloved* children. You receive a sovereignty as easily as pulling a hair out of butter. They sing that liberation-in-life is received in a *second*. You can sit anywhere or travel anywhere, but you have to remember the Father. How can you go back without becoming pure? Otherwise, there will have to be punishment experienced. When you all go to Dharamraj, everyone's karmic accounts will be settled. The purer you become, the higher the status you will receive. If you remain *impure*, you will eat dry chapattis. The more you remember the Father, the more your sins will be cut away. There is no question of expense in this. You may remain seated at home, but just take the mantra from the Father. Manmanabhav is the mantra with which to control Maya. Once you receive this mantra, you may go home. Don't say anything. Just remember *Alpha* and beta, the kingdom. You understand that by remembering the Father you will become satopradhan and your sins will be cut away. Baba also relates his own experience to you: When I sit for my meals, I think that I will eat in remembrance of Baba, but then I soon forget. This is because it is

remembered: Those who have the responsibility on their head.... Baba has to think of so much. The soul of so-and-so does a lot of *service* and so I have to remember that soul. Baba gives a lot of love to the *serviceable* children. He says to you too: Remember the Soul that is present in this body. You come here to Shiv Baba. The Father has come down from up there. You tell everyone that God has come, but they don't understand. You have to tell them tactfully. There are the two fathers: a limited father and the unlimited Father. The unlimited Father is now giving you a kingdom. Destruction of the old world is in front of you. There is also establishment of the one religion and destruction of many religions. The Father says: Constantly remember Me alone and your sins will be burnt away. This is the fire of yoga through which you become satopradhan from tamopradhan. The Father Himself has shown you this method. You children know that the Father will make you all beautiful, seat you in His eyes and take you back home. Which eyes? The eyes of knowledge. He takes the souls with Him. You understand that you definitely have to go back. Therefore, why not claim your inheritance from the Father before that? The income is also very large. By forgetting the Father, there is a lot of loss. Become real businessmen. Only by remembering the Father will the soul become pure. Then you will shed one body and take another. The Father says: Sweetest children, become soul conscious. Instil this habit firmly. Consider yourself to be a soul and continue to study with the Father and your boat will go across. You will then go to the Shiva Temple (Shivalaya). There is also a story mentioned in the Chandrakant Vedant of how a *boat* is moving along and how some passengers get off mid-way and their hearts become attached to something and the boat goes off without them. Those scriptures of the path of devotion will be made again and you will read them. Then, when Baba comes, you will stop doing all of that. The Father comes to take everyone back. It is very *clear* how the rise and fall of Bharat takes place. This one becomes ugly and beautiful. Brahma becomes Vishnu and Vishnu becomes Brahma. It isn't just one that becomes this. All of this is explained to you. There is also the explanation of Krishna being ugly and beautiful. When he goes to heaven, he kicks hell away. This is *clear* in the pictures, is it not? Your photographs were taken of you in royal costume. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to carry out the Father's *ordinance*, maintain this awareness: We souls are brothers; our residence is in the centre of the forehead. We are the children of the unlimited Father and this is our Godly family. Instil the habit of being soul conscious.
2. In order to become free from the punishment of Dharamraj, settle all your karmic accounts. Remember the mantra you have received to control Maya and become satopradhan.

**Blessing:** May you transform *negative* into *positive* by having pure and positive thoughts for the self (subh chintan) and thereby having pure and positive thoughts for others (subh chintak). In order to remain constantly powerful, remember two expressions: Pure and positive thoughts for the self and pure and positive thoughts for others. With pure and positive thoughts for the self, you can transform the *negative* into *positive*. Both pure and positive thoughts for the self and for others have a connection. If there aren't pure and positive thoughts for the self, there cannot be pure and positive thoughts for others. At the present time, pay *attention* to both these aspects because there are many problems where people are not able to understand through words, but when you give them *vibrations* through your pure and positive thoughts, they will change

**Slogan:** Play with the jewels of knowledge, virtues and powers and not with mud.

\*\*\* OM SHANTI \*\*\*