

Methods to become an embodiment of success by having *control* over the power of thought.

While constantly stable in the incorporeal stage, the same as the Father, and taking support of the body to perform every action, do you perform actions as a karma yogi on the field of action? Since your name is karma yogi, it proves that you are a yogi, that is, that you perform every action while stable in the incorporeal stage. You cannot remain without performing action for even a ***second***; to take support of the physical senses means to be constantly performing actions. Just as you cannot remain without performing actions, in the same way, you cannot remain without having remembrance, that is, you cannot remain without having yoga for even a ***second***. This is why the word "yogi" is added to karma. Just as your physical organs have the ***natural*** practice of constantly performing actions, similarly, the intellect should have the ***natural*** practice of having remembrance. All the physical organs have their own eternal and original tasks to perform; you don't have to labour to move your hands or feet. In the same way, the intellect's eternal task, the task from birth, in this Brahmin life and the life of the confluence age is to have remembrance. Whatever the original and eternal task is in one's life, it is ***natural*** and easy. So, do you experience yourself to be an easy karma yogi in this way? Or, do you find it difficult? You can never find your own task to be difficult; others would find it difficult. This is your task every cycle so, if you are still finding it difficult, that is, if you are not constantly experiencing the karma yogi stage, what is the reason for it?

If you are not able to have yoga, you are then definitely still engaged in enjoying something that would give you temporary happiness through the senses and that would deprive you of permanent attainment. This is why you forget your original task. Just as when today's wealthy people and iron-aged kings are so engrossed in enjoying sensual pleasure and material things that they forget their own original task of ruling - they forget their own right - in the same way, because the soul is engrossed in enjoying temporary material things, he forgets to have yoga, that is, he forgets his own right. While there is the intoxication of temporary enjoyment of material things, where there is enjoyment of physical things, there cannot be yoga. This is why you find it difficult.

At present, Maya first attacks the intellects of the Brahmin children; she first breaks the ***connection*** of the intellect just as before an attack the enemy first cuts all the ***telephone*** and ***radio connections***. ***Connections*** with electricity and water are broken and then the attack takes place. In the same way, Maya first cuts the ***connection*** of the intellect through which ***light, might***, powers and the company of knowledge are ***automatically*** stopped, that is, Maya makes you unconscious. She deprives you of the awareness of your own form and makes you unconscious. In order to protect yourself from this, you need to pay constant ***attention*** to the intellect; only then will you easily become a constant karma yogi.

Practise this to such an extent that you are able to stabilise your intellect wherever you want so that you are stable in that stage as soon as you create the thought. Constantly continue to perform this spiritual ***drill*** of the intellect. One moment be a resident of the Supreme abode, the next moment be an angel of the subtle region, and the next become a karma yogi by taking support of the physical organs. This is known as having ***control*** over the power of thought. Thoughts are the creation and you are their creator. You should only have thoughts for as long as they are necessary; your intellect should only be engaged where it should be. This is known as having a right. You lack this ***practice***. Therefore practise this by making a ***programme*** for yourself and ***check*** yourself: Were you able to stabilise yourself in that ***stage*** for as long as you had fixed for yourself?

A hatha yogi fixes a time to keep his organs, either his leg or his arm, stable for a fixed ***time***; he would keep his leg or arm either up or down for a certain length of time; he would keep his head raised or lowered for a certain length of time. However, that is a ***wrong*** way of ***copying***. The Father taught you to sit by having one thought in your intellect. ***Copying*** this incorrectly, they stand on one leg. The Father asks you to stabilise yourself in one thought and they keep themselves stable on one leg. The Father says: Constantly remain in front of the Sun of Knowledge and don't turn yourself away from Him. They then sit with their faces in front of the physical sun. So, this is ***copying*** incorrectly, is it not? You are now learning the accurate practice of the yoga of the intellect.

They do it by force whereas you do it with a right. This is why that is difficult and this is easy. Now, continue to increase this practice so that everyone can become united in one direction in one ***second***. When everyone in the gathering has one thought, one awareness and one form, the name of this gathering will be glorified and there will be victory.

Just as you unite people's ideas for a physical task or for service, because only when everyone becomes united and has the same opinion does a task become successful, so, too, everyone in the gathering should have one thought. Whether you want the awareness of the Seed or the seed stage, everyone should become stable in that seed stage. When all of you are embodiments of the same awareness, you will experience the results of success in every thought, that is, you will become embodiments of success. Whatever you think and whatever you say, you will see that in a *practical* form. This is known as being an embodiment of success. This is a sign of glorification. The memorial of this is the iron-aged mountain; everyone has to give their finger at the same time. This thought is the finger. So now create such *programmes*.

If everyone in a gathering has the same awareness the atmosphere becomes very *powerful*. You would then experience the bhatthi of the fire of love and these *vibrations* would spread in all directions, just as when an *atom bomb* is exploded somewhere its particles spread in all directions. That is an *atom bomb* and this is the atomic (spiritual) *bomb*. The impact of this would attract many souls and there would easily be expansion of the subjects. Just as an *atom bomb* leaves its effect on the earth for a long period of time, so, too, unlimited disinterest would leave an impact on the ground of their practical lives; therefore, subjects would easily be created. Achcha.

To those who practise spiritual *drill*, to those who constantly have a total right and are world benefactors, to the souls who put every thought into practice and thereby become embodiments of success, to those who make matter subservient to them and make it work under their control, similar to the Father, to such completely powerful souls, BapDada's love, remembrance and *good morning*.

Personal meetings:

To become well known - is based on the success in your thoughts and words.

What chart should the maharathi children be keeping at present? At present, it is the *season* for the maharathi children to become embodiments of success. Their every word and thought should take a practical form. According to the *drama*, that can only happen when their every thought and word are powerful and filled with truth. Therefore, maharathis should now keep this chart: Whatever thoughts I have during the day, whatever words emerge from my lips, how many of them take a practical form? Thought is the seed. Powerful seeds will give good fruit. This is known as thoughts taking a practical form. So, throughout the day, how many thoughts and words take a practical form? Whatever you say, according to the *drama*, it should only be that which is going to happen practically. For this, you have to pay *attention* to making your every thought and word powerful. This should be the chart of the maharathis at present. On the path of devotion, it is said: This person is one who has total success. So, here, too, those whose thoughts and words take a practical form are well known, because of that success. Someone who does not have that success cannot be known. In devotion, many gods and goddesses are very well known, whereas others are not; they are known as gods and goddesses, but they are not as well known. The basis of becoming well known is to make your thoughts and words take a practical form. Through this, you will *automatically* become an avyakt angel and your time will be saved. You will *automatically* stop speaking because you have to go to the *silence home*. This is why those sanskars of *silence* and of being an angel will automatically pull you to themselves. *Service* will also expand so much that you will not have any *chance* of doing service through words. You will then definitely do service through your eyes, through your smiling face and the sparkling jewel on your forehead. This transformation will take place, will it not? You will be able to increase this practice when you keep your chart. This is the chart of maharathis. Maharathis should no longer keep the chart of whether they caused sorrow for anyone or whether they were influenced by any vice. That is the chart of the cavalry. The chart of maharathis has to be something great. Now, make *plans* among yourselves for deep effort. This is why you are given *time* every now and then. You

don't have *time* during melas. In the melas, you become engaged in a different type of service. A mela is the time to give to others, and after the mela it is the time to fill yourself. During melas your days and nights are spent in giving, are they not?

BapDada knows that since you become instruments to give to so many souls, you would definitely have thoughts and *plans* of giving. Only then would you *automatically* be able to receive a *certificate* of contentment. Making everyone content helps you to take a *high jump* in your efforts. All of this has to be done, but it has to come later. You are *noting* everything down; so sit and *revise* it later. Whatever you are

receiving now, you are accumulating that in your intellects, but when you sit and *revise* it, go into its depth and subtlety and you will be able to take others into the depth. Whatever is happening now, whatever is taking place now, BapDada is happy and content with it. Achcha.

Personal meeting of Avyakt BapDada with teachers.

Do you consider yourselves to be instruments at every moment? Those who consider themselves to be instruments at every moment would have the main speciality of having greatness and also humility. They would have a *balance* of the two. Only then can you become an embodiment of success in the task for which you have become instruments. When either one is greater than the other, you cannot become an embodiment of success. In order to become an embodiment of success, there has to be a *balance* of the two. A *teacher* is one who constantly moves along while considering herself to be a *world servant*, the same as the Father. Only a *world servant* can carry out the task of world benefit. *Teachers* should always be aware that a *teacher* should never consider the self to be a *teacher*. If you have the intoxication of being a teacher you cannot have spiritual intoxication. That intoxication is also based on *body consciousness*. Therefore, always have the spiritual intoxication that you are a co-operative world benefactor soul who belongs to the World Benefactor Father.

You can only bring benefit to others when you yourself are full. Unless you yourself are full, you cannot bring benefit to the world. Your vision should be constantly unlimited. When you have the unlimited intoxication of unlimited service, you will be able to claim the unlimited kingdom. A successful *teacher* is one who remains constantly cheerful and makes others happy. Do you understand the signs of being an embodiment of success? A *teacher* has to become an embodiment of success. You should not have anything other than the Father and service in your awareness. *Teachers* who have such awareness will always remain powerful; they cannot be weak. Are you such *teachers*? Do you consider yourself to be so powerful? A powerful *teacher* is an embodiment of success. You are like this, are you not? It doesn't seem right for a *teacher* to speak words of weakness. You are not under the influence of your sanskars, are you? Are you ones who have your sanskars under control? You are not a *teacher* who *complains*, are you? A *teacher* is one who finishes the *complaints* of others, and so you should not have your own *complaints*. *Teachers* have many *chances*. When all *complaints* are finished, you become *complete*. What else do you then need?

Blessing: May you become an embodiment of the essence and experience a constant and stable stage by having remembrance of the one Father.

The easy method to stay in a constant and stable stage is to have remembrance of the One, to belong to the one Father and none other. Just as everything is merged in a seed, in the same way, the Father is also the Seed in whom the essence of all relationships and attainments is merged. To remember the one Father means to become an embodiment of the essence. To belong to the one Father and none other and to have remembrance of the One enables you to create a constant and stable stage. Waves of sorrow cannot come to those who stay in remembrance of the One who is the Bestower of Happiness. They would have dreams of happiness, joy, service and of celebrating a meeting.

Slogan: Only those who ignite the lamp of elevated hopes are true ignited lamps of the clan.

*** OM SHANTI ***